

To make an appointment visit
<https://www.sieamclinic.org>

or by calling (206) 517-4541



Opportunity: Chinese Herbal Medicine for Suspected COVID-19 Symptoms

The **Seattle Institute of East Asian Medicine (SIEAM) and the Center for Integrated Care (CIC)** is offering telehealth visits for Chinese herbal medicine to support patients with suspected COVID-19 related symptoms.

Patients can receive virtual consults through the SIEAM's teaching clinic by SIEAM faculty, with masters and doctoral students observing.

Patients will have the following virtual appointments: 1) screening visit, 2) consults for the duration of your symptoms or until you decide to stop treatment. We will also follow up with you between consults. An individualized Chinese herbal formula will be recommended by your provider that can either be picked up curbside from the school or mailed to you. Costs include \$25 for consultations + cost of herbs and shipping/delivery (if necessary).

For patients who are interested in participating in research, your treatment information could be included in a study. You will receive the same screening visit, consults, and follow up between consults. Data collected will include demographic information, changes in symptoms over time, as well as herbs dispensed and utilized. This study will collect and disseminate data to help inform the larger community of East Asian medicine practitioners.

Who is eligible to participate in the study? You may qualify if you answer **yes** to all 3 questions:

- **I am at least 18 years of age**
- **I have experienced one or more of these symptoms in the last 28 days:** cough, fever, shortness of breath, diarrhea, nausea, or abdominal pain OR am at a high risk of exposure.
- **I have a Primary Care Provider.** Have you contacted your primary care provider (PCP)? If no, you will need to do so to participate in the trial. Please contact your primary care provider to inform him or her that you are not feeling well. You will be required to provide your PCP's contact information during your screening appointment.

There is no compensation for this study.

Who do I contact for additional information?

To learn more and to find out if you are qualified, call the Seattle Institute of East Asian Medicine clinic at (206) 517-4541 or email ktaromina@sieam.edu